

CHECKLIST LITTLE SWIMMERS. WELL PREPARED.

PREREQUISITE FOR ALL COURSES

- Children are able to stay in the class for **60 minutes** without an accompanying person
- They can go to the bathroom alone
- Children dare to speak both with other children and with the instructors



SAFETY

- The swimming coach only takes responsibility for the children **during** the lesson
- The parents or accompanying person take full responsibility for the children both before the welcome greetings and after the goodbyes at the Checkpoint
- For extra safety, your child must wear **flip-flops** from the changing room to the swimming pool and back
- Protect your child – **your child is not allowed to swim when it is sick** – especially if it has fever, diarrhea, abdominal or ear pain! Please cancel your course attendance before the lesson begins. Call us on our business phone number: 0848 577 977.
➔ Basically, no missed lessons can be rescheduled or refunded. Under certain conditions, we try to offer you a catch-up lesson.
- To protect your child: it is **forbidden** to take photographs, make films and record sounds before, during and after the lesson. **It is forbidden to use your mobile phone !**

BEFORE THE LESSON

- The swimming coach welcomes the children at the “Checkpoint” at the indoor pool. You will recognize the “Checkpoint” by locating the orange mat on the floor and the Let’s Swim flag
- For our younger course participants (STARS) we recommend that they are accompanied by a parent to the Checkpoint
- Children should **go to the toilet before the swimming class** – so that the lesson does not have to be interrupted
- **Showering before the lesson is mandatory**
- **Public indoor swimming pool:** the accompanying person is allowed to enter the changing room for free. If you wish to follow into the indoor pool, you need to pay the admission fee
- **Therapy pool / non-public pool:** the accompanying person is allowed to enter in the changing room and into the pool area for free – no admission fee is required
- **No baked food** such as bread rolls
- Well-fitting swimwear
- If the child wears his / her hair loose, please tie it up
- Please let the child bring a towel with him / her
- Swimming goggles are provided by us



AFTER THE LESSON

- The swimming coach brings the children back to the “Checkpoint” at the indoor pool.
- A lesson Let’s Swim is exhausting for your child – mentally and physically. Therefore, let your son / daughter **never unattended** in the pool after the lessons

MISSED LESSON

- Provided there is a free spot, we are happy to offer you a replacement lesson in another class within the current course period. Prerequisite: a medical certificate and a free spot on the same level. With immediate effect, it is no longer possible to take out cancellation insurance via our booking platform. If you wish to take out such insurance, you must do so privately.
- Detailed information can be found in our Terms and Conditions on our website.